Daily Word

A UNITY PUBLICATION
AUGUST 1947

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, and understanding for the good of all humanity.

JULY 20 to AUGUST 19

ILLUMINATION (11 a. m.): The all-knowing One shines in me as it did in Jesus, and I manifest spiritual understanding.

PROSPERITY (12 noon): The Spirit of prosperity responds swiftly when I think and speak of its power in all my finances.

HEALING (9 p. m.): That which some call nature and others call God is quickened and made doubly active by my recognition of it, and I am healed.

AUG. 20 to SEPT. 19

ILLUMINATION (11 a. m.): The light of Spirit is now released in me, and I understand the truth.

PROSPERITY (12 noon): I awaken the Spirit of prosperity, and what is mine is now made manifest.

HEALING (9 p. m.): I now release the Spirit of health, and I am made whole.

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DAILY WORD

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Cover Photograph—*Harold L. Phillips*
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DAILY LESSONS FOR AUGUST

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In This Place

BEVERLY E. FINCH

JACOB'S electrifying words "Surely Jehovah is in this place" can bring to us in our immediate situation the realization that Almighty God is a very real presence. To know when in difficulty of any kind that God is right in the place where the trouble seems to be—in our physical organism, in the office where we work, in the car we are driving, in the home we are building—to recognize this as the place where we shall find Him, this brings spiritual order, fearlessness, and peace.

To be specific, if a doctor's diagnosis has decreed that we are in danger of impaired eyesight, we can place our hand over our eyes and know that the eternal life of God is surely in this place, that life is here in its fullness, revitalizing, illuminating, and invigorating every cell and atom of our body, perfecting and healing our eyes. We can change the human decree and let divine perfection be established in us. No matter which organ or part is involved—heart, brain, lungs, appendix—God is no respecter of parts or persons, and His is the only presence and power.

If we are inspecting our new home in the course of construction and find that activity has reached a deadlock because certain materials are unavail-

able, instead of becoming discouraged and disheartened we should know as we gaze on the unfinished job that God is in this place, that He can and will change all appearance of lack into plenty, so that the work may proceed. His supply always equals every demand.

If we are writing a book, painting a picture, or digging a ditch, and preface the work by knowing that God is in this place, He will make easy and successful our way toward completion.

If in our office or home it seems that "the very Devil has taken over and is in charge," as one person declared to me, we should realize that God is in this place, that "this place" is any and every place where trouble seems to be. Then we shall be able to bless ourselves and the other persons involved, and everything about the situation will become more orderly and amenable to reason.

Every negative situation is an opportunity to prove the power within us; it is an opportunity to overcome and attain victory.

God is with us to take immediate charge of any situation and to bring about harmony. All ways and all means are at His command.

Perhaps the place where we have worked for a long time has become a rut, and we are not making the progress we should. By declaring that God is in this place the whole picture will eventually

change. We need to realize that there is only the eternal now. When the desire for greater good fills us we should know that it is the presence of God within us saying, "I have prepared a place for you." This is the time to relax in the consciousness that He will bring all good things to pass. "Faith is assurance of *things* hoped for, a conviction of things not seen."

Recently a man who is approaching middle life found himself stalemated in the executive position he had been filling for several years because the higher-ups would not permit him to raise the salaries of the men in his department. The men felt that the cost of living was so much higher that they must take steps to increase their incomes. One by one they reluctantly began leaving him. He loved these men who had worked with him so long and wanted them to be treated justly; also he wanted very much to continue with the important work he had been doing for the concern. But he seemed to have reached an impasse. Not being able to accomplish efficiently the work that had to be done unless he had more money and more men at his disposal, he became more and more dissatisfied, as were the remaining men under him. The word "detour" seemed to stand out in red letters to him. One day a friend who knew how capable he was came to him and offered him a

better job in his own firm at the same salary as his present one. He accepted the offer and was sure he had done the right thing. When payday came his check was for thirty dollars more than had been agreed upon. He went to his new employer and called his attention to the mistake. The answer was that there had been no mistake; after thirty days of service he had been given a raise. In a few months there was another development; a member of the firm made the suggestion that they and one other person form a corporation that would carry on the same kind of business that he had been in successfully for years. The idea appealed to him, and although there were delays and long periods of waiting before things began to "shape up," at last the detour proved to be the right road to success and peace. Surely God was with him even in the place where he could see no way out, and surely God is in the place where he now finds himself.

Wherever you are at this moment—on a streetcar, in a classroom, in a cottage or hotel, on shipboard, in an airplane or on a streamliner, in a new job or an old one—speak these words silently:

"Surely God is in this place;
Within, around, He fills all space."

A game of chess is sometimes likened to the "game of life." At times a stalemate occurs and

none of the pieces is movable. So in life there are times when everything seems to be at a standstill; we seem to be bogged down in a quagmire of frustration, unable to free ourselves. But to know that with God all things are possible and that the Spirit of God is ever active will rescue us from any quagmire, no matter how subtle its persuasion that we are powerless to move. When an idea is realized in mind it is just a step to its manifestation in body or affairs. Here is God's opportunity to prove that when we seem powerless He is powerful, that even though a quagmire holds us, He is in that place.

The longing in the soul of Job expressed itself in the words

"Oh that I knew where I might find him!
That I might come even to his seat!"

But it was beyond the power of Job's intellect to grasp the idea in that moment that God was even then within his soul, trying to make Himself known to him. Jacob, on the other hand, was ready for the spiritual revelation that God was in the place where he stood at the moment.

Man himself is the presence of God, and when he realizes this he can go within for instruction and illumination. All thought of separation is dissolved. "This is none other than the house of God, and this is the gate of heaven."

Not Built with Hands

R. H. GRENVILLE

No fairer structure has been raised on earth
Since time began; no walls of costly stone
Built for a Solomon had half the worth
Of this fine edifice of flesh and bone.
Here is a city in itself complete,
At once a temple and a citadel,
Set like a palace in the common street,
Wondrous beyond the power of words to tell.
Perfect and beautiful in every part,
The ark of each man's covenant with life,
Shines the bright altar of the human heart,
A sanctuary in the midst of strife,
Fairer than any which the prophets trod—
Behold the temple of the living God!

Your God Equipment

HESTER FAIRFIELD

HAVE you ever thought of the spiritual equipment you possess?

My life is equipped with God!

His power is here around me. I can turn to it any moment of the day, no matter what problem I have to face.

My God equipment is always available. My God power is never interrupted.

I have learned that for any problem I have to face there is a faculty of God ready to help me.

Is my problem one of harmony? Do people around me seem to be interfering with my doing what I feel would mean happiness to me? I have learned that when there is inharmony the God faculty I need to use is love. I need to free everyone concerned from my criticism. I need to turn the light of God's love and understanding on them. I need to let God's love pour through me until it erases every trace of intolerance, selfishness, or impatience. I need to let love fill my mind, my body, my heart, so full that there is no room for inharmony. Many circumstances of our life that seem beyond control respond with amazing swiftness when we use our God equipment of love on them.

Has sorrow or grief over the loss of a loved one been hard to bear? My God equipment of courage and strength lifts me up, and I am conscious of my oneness with His Spirit.

Do I need prosperity? God is the substance from which every good thing is formed. God's substance does not depend on the whims of fate or on anyone's will, neither is this substance inaccessible in some far-off heaven. God as substance is part of my God equipment.

Has the newness gone out of life? Does my life seem to have lost some of its color and sparkle? God is my joy. Deep, satisfying happiness comes from Him. Continual renewal comes from Him. God as joy is part of my God equipment.

Have I a need of healing? Does my body seem to have lost some of its buoyancy? God in me is life, renewal, energy, sufficient for my daily tasks and to spare. I do not need to seek life and health somewhere else. God is here, my source of life. Life is part of my God equipment.

Do I feel the need of protection? Do I lack courage? God is power. This power is real. I need not seek it with fear and trembling. I can claim it with assurance. Protection is part of my God equipment.

Do I need guidance, understanding, illumination, inspiration, truth? God is light. His radiant

light dispels the darkness of doubt and ignorance instantly. He guides me in paths of peace. God's light is part of my God equipment.

Am I remorseful for past actions? Does self-forgiveness come hard? God, right here in my home, is grace sufficient. I need not brood. God has forgiven me. Grace is part of my God equipment.

Do I find it hard to relax? Do I find it hard to know myself as a triumphant child of God? Do I live for tomorrow or yesterday? God is omnipresent, here, now, today! The presence of God is part of my God equipment. I let this realization do its perfect work in me.

Love, courage, substance, joy, life, power, light, grace, omnipresence—these are the faculties that make up my God equipment. I claim them fearlessly and use them daily, hourly.

There is no problem that cannot be solved if I remember to use my God equipment.

Prayer is the current by which my God equipment works, and faith is the switch.

Jesus said that we can do wonderful things if we but have faith. Throw the switch of faith, which makes prayer a real, active power in your life, and the faculties of God will become usable equipment through which all good will flow to you in ever-increasing measure.

Friday

GOD'S WILL IN ME IS HEALTH AND HARMONY, AND I MANIFEST HIS VITALIZING LIFE IN EVERY PART OF MY BODY.

HAVE YOU become resigned to ill-health and inharmony in your body because you think it is God's will for you to be sick? Such a belief has no foundation in truth because your body is the temple of God. "Know ye not that your body is a temple of the Holy Spirit which is in you, which ye have from God?

Your rightful heritage is health, and you can enjoy God's will of health and harmony. Turn your mind completely away from negative thinking. Quietly, confidently, and trustingly relax and pray without stress or strain. Be gentle with yourself, for the effortless prayer you make is powerful.

In Silent Unity's ministry one of the important directions given is to relax, be still, and let God's power and presence do the work.

As you follow these simple instructions you open the way for health to be made manifest in every part of your body.

♠ *I can of myself do nothing . . . because I seek not mine own will, but the will of him that sent me.*—JOHN 5:30.

Saturday

I DEPEND UPON THE SPIRIT OF GOD WITHIN ME TO FULFILL ALL MY NEEDS.

IN TIME of need there are two questions we ask ourselves: What shall I do? How shall I do it? Many times when faced with a problem we worry and fret instead of depending upon the Spirit of God within us for help and guidance, and we look to other persons for the answer to these questions of what we shall do and how we shall do it.

It is not possible to have a need for which there is no fulfillment. Every person is equipped with the power to create a fulfilling way of life for himself. No one else can know our true needs and no one else can know our capacity for fulfilling these needs. Only the Spirit of God within us knows the Truth about us, and so in order to fulfill our needs in a permanent and satisfying way we need to learn to depend upon the intelligence and guidance of the Spirit of God within us. We learn to do this through the regular and conscientious practice of prayer.

If they hearken and serve him,
They shall spend their days in prosperity.
—JOB. 36:11.

Sunday

I HAVE FAITH IN GOD'S LOVE AND JUSTICE AT WORK IN MY LIFE.

NEARLY everyone has had experiences that made him feel that life is unjust and that people cannot be trusted. But the truth is that this is God's world, and every person in it is a child of God, and in God's world everything follows an exact and unfailing law or principle.

In order to free ourselves from revengeful thoughts and a desire to even the score we need to look beyond the present moment and the immediate circumstances to the perfect principle of justice that we can rely upon always.

When we trust God's love and justice to govern our life, we find ourselves at peace.

We are able to see that the laws of God work through us, and because we want our life to be rich and harmonious we know that our part in working with God's law of love and justice is to keep our mind and heart poised in Truth, to be forgiving, and receptive to love and goodness and unfailing justice.

♣ *The law of Jehovah is perfect, restoring the soul.* —PSALMS 19:7.

Monday

AUGUST 4

MY WORLD IS A JOYOUS, HARMONIOUS ONE, BECAUSE I GIVE EXPRESSION TO DIVINE LOVE.

IN OUR study of Truth we hear over and over that love is the fulfilling of the law. We deduce from this that if we really love God, the good, if we love life, love ourselves, and love other people, we are operating in harmony with the laws of life and our experiences should be happy, fulfilling ones.

It would follow that if we are not happy, if our relations with other persons are not harmonious, if our world is not orderly and peaceful, we are not as loving as we need to be in order to transform ourselves and our world.

To learn to express divine love is not easy, but it is most rewarding, and it is an accomplishment that brings real satisfaction. It entails facing ourselves honestly and overcoming all the emotional reactions that fall short of divine love—pride, resentment, jealousy, criticism, inordinate sensitiveness. When we seek to express divine love we discover our true self and find that we are free to be and to have all that makes life joyous and fulfilling.

♠ *Above all these things* put on *love.*—COL. 3:14.

Tuesday

THE SPIRIT OF GOD BREATHES INTO ME THE BREATH OF DIVINE INSPIRATION.

DIVINE inspiration makes my life an interesting, joyous experience. I fulfill my creative desires and serve others in the way that only I can do best when I let the breath of divine inspiration enter mind, soul, and body.

The world is a creative place, an outpicturing of the creation of God. Whenever I am in tune with God the things I do, the words I speak, the very thoughts I think are creative, living, vital. I am led to find healing for my body in this way. I am guided to let go of bad habits and form new good ones. I am led to see my body as a perfect creation. Divine inspiration shows me God's abundance all about me. I see that all I have to do is reach for what I need, and I find that it is already prepared for me.

Divine inspiration blesses me with new spiritual growth. By opening my mind and heart to God I go forward spiritually into new understanding, into a deeper realization of God's world. Life becomes increasingly joyous and satisfying.

♣ *The breath of the Almighty giveth them understanding.*—JOB 32:8.

Wednesday

JESUS CHRIST IS MY FRIEND AND COMPANION TODAY.

WHEN I awoke this morning, the Spirit of Christ was with me, ready to be my friend and companion throughout the day, just as Jesus promised: "Ye are my friends." "Lo, I am with you always."

Today I accept this promise in its fullness. I know that the Christ is a blessed spiritual presence within me, a presence that walks beside me to guide my footsteps aright.

I can go about my daily work in joyous confidence, knowing that the Christ wisdom and power works through me to accomplish unlimited good. If I experience indecision of any kind I ask myself, "What would Jesus do?" and the still inner voice of His wisdom gives me the answer I seek.

As I cherish the companionship of a dear friend who is by my side, so also do I cultivate and rejoice in the awareness of my unseen Guest.

Christ's love is my greatest blessing, a continual benediction of my daily life. I walk with Him today in the fullness of beauty and joy.

♣ *Lo, I am with you always, even unto the end of the world.*—MATT. 28:20.

Thursday

IT IS TIME TO PUT MY WHOLE TRUST IN GOD.

IT IS EASY to put half my mind on God, reserving the other half for doubt and fear, and then feel that God has failed when problems increase. Now I will put my whole trust in God, believing all things are possible.

I trust God in time of sickness. I know that every bone, muscle, nerve, and blood cell has within it an innate yearning toward perfection and health. By prayer I make my body responsive to the harmony that is its natural state. The power of God in a second releases tension caused by fear, by anger, by misuse of His laws, and my body is restored to perfection.

I trust God in time of lack, knowing that it is simply my own shutting of the door that cuts off God's good from me. I pray. I trust. I am blessed with abundance.

I trust God to care for those I love. I trust God to guide the leaders of every nation as we grow toward one world.

I trust God wholely, and I act on that trust, remembering that it is active faith that accomplishes things.

♦ *Put your trust in Jehovah.*—PSALMS 4:5.

Friday

I TURN TO THEE WITH A THANKFUL HEART.

FATHER, I turn to Thee with a thankful heart. I am grateful that Thou art ever in the midst of me, a loving help in my every need, a generous provider of all good things, a companion and a light in all my ways.

I thank Thee for Thy presence ever with me. It is my anchor and my stay; it is my inspiration and my joy.

I thank Thee for hearing my smallest whisper, for knowing my inmost thoughts. I thank Thee for what I am in Thy sight. I thank Thee for letting Thy light shine through me that I may see my every problem as it should be seen and know the way to its right solution.

I thank Thee for Thy love, which forgives my mistakes and teaches me to understand and forgive the mistakes of other persons.

I thank Thee for the beauty of Thy world. My heart rejoices in every evidence of Thy goodness that I see. Thy Truth is everywhere; Thy love is everywhere; Thy Spirit pervades all persons and all things. I thank Thee, Father.

♣ *We give thanks unto thee, O God.*—PSALMS 75:1.

Saturday

I YIELD MY MIND AND HEART TO GOD'S LOVE.

As I YIELD my mind and heart to God's love, as I turn my thought and feeling to His divine presence, His healing, forgiving love frees my mind, heart, body, and affairs of all heaviness. I am free with the freedom of spirit.

"There's a glad song in my heart today,
And I cannot be sad;
God's love in my heart opened the way,
Oh, my, but I am glad."

Yielding my every thought and feeling to God's indwelling love I find Him in my heart. I hear His voice and every fear is dissolved into its native nothingness. His victorious presence floods my soul and blesses me with spiritual freedom and peace.

Now I walk with a perfect heart, for I have come into the glorious presence of my own indwelling divinity.

I am happy, healthy, joyous, free, conscious of God in me.

Birthless! Deathless! Changeless! Free! I see my own divinity.

♣ *Thanks be to God for his unspeakable gift.*—II COR. 9:15.

Sunday

I HAVE FAITH IN THE SPIRIT OF GOD WITHIN ME TO INSPIRE AND SUSTAIN ME, AND I AM POISED AND AT PEACE.

LIFE HAS been given us to live and to enjoy, not to fear and endure. If our life seems to be a struggle, if we seem to be beset with fears, the thing we need most to realize is that we are not alone, that the very Spirit of God is within us.

When we realize that the Spirit of God is within us to inspire us and to sustain us momently, when we bring ourselves to trust this Spirit and lean upon it, we find the courage to break through the fearful and limiting ideas that have bound us and express our spiritual freedom.

Each time we place our faith in the Spirit of God within us and extend ourselves to do the things we want to do and to be the person we want to be, we find that we are sustained and lifted up into the joy of accomplishment.

We can learn to enjoy our life by learning to rely on God's Spirit in us rather than listening to our own fears.

♣ *Cast thy burden upon Jehovah, and he will sustain thee.*—PSALMS 55:22.

Monday

MY DAILY LIFE IS A PSALM OF PRAISE TO GOD, MY FATHER.

THE PSALMS have sung their way through the centuries as a testimony to man's consciousness of God as a present help. I can make of my life a modern psalm, a living song of praise to the Father, whose kingdom I inherit.

The free-flowing life of God is my birthright; and my grateful body sings its praise in robust health and vibrant energy. My heart gives thanks to God for His love and the love of His children; and I make my daily life a song of loving, joyful service. I look for the qualities of the Christ nature in my associates, and my appreciation of them is sincere and unstinting. I am thankful for divine intelligence, and I endeavor to think God's thoughts after Him and to live accordingly.

I praise and magnify the good wherever I find it, and my praise stirs into activity the dormant substance of all-pervading good. God is a generous Father, and my attitude of perpetual praise attracts to me an increasing supply of His good.

I will be glad and exult in thee;
I will sing praise to Thy name, O thou Most High.
—PSALMS 9:2.

Tuesday

THIS DAY I LOOK THROUGH THE EYES OF CHRIST, I SPEAK WITH THE VOICE OF CHRIST, AND I HEAR WITH THE EARS OF CHRIST.

THIS DAY I look on the world with the vision of God, and with Him I rejoice and pronounce it "very good." I begin by blessing the members of my household, my friends and dear ones. Then I extend this blessing of love and good will to the four corners of the earth, and I see all men, nations, and governments immersed and infolded in the harmonizing, healing, unifying presence of God.

As I meet other persons this day I will silently salute the beautiful Christ presence within them. When I speak I will remember to utter only such words as are kind, appreciative, and positive. When I speak about others I will practice the Golden Rule, mentioning only those things about them which are good and spiritually true.

I attune my hearing perception to the everywhere present voice of God that I may always be receptive to His message for me. I hear only good, I speak only good, I see only good.

♣ *Let us . . . love . . . in deed and in truth.*—I JOHN 3:18.

Morning Meditation

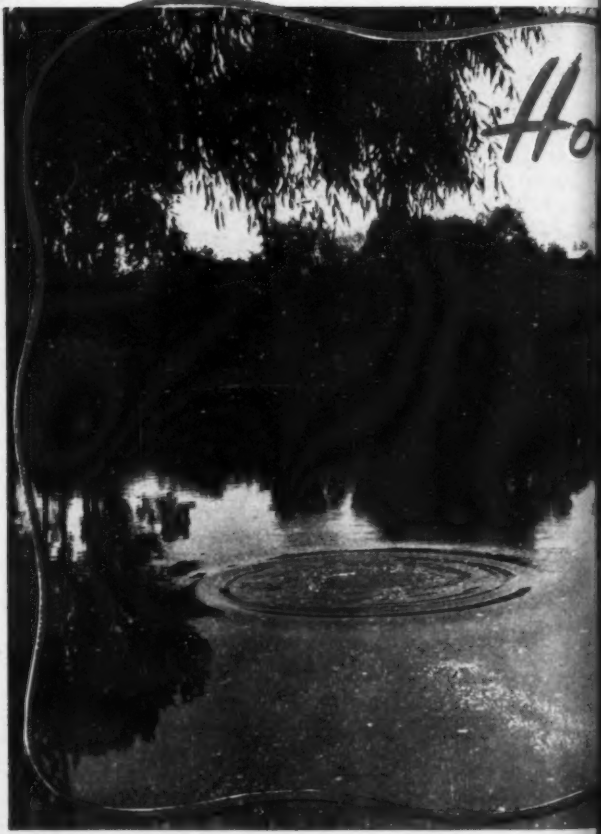
ELIZABETH SEARLE LAMB

A SKY-LINE streak of crimson heralds the dawn and a lingering star fades slowly. A breath of breeze pays an early morning call, and birds begin to twitter sleepily. This is a new day.

Before material thoughts intrude I lead my conscious mind to that still haven of my soul where my own indwelling Christ opens wide the doorway of my heart. At once, mind, soul, and body, I am flooded with the light and love of God my Father. I am lifted high above this earthly plane and filled with the radiance of Spirit.

Almost without conscious thought I send this love and light on to those whom I hold most dear, that it may lift them, heal and comfort them. As I send this radiance on I am filled anew with power, and I release this power to the whole world to lift and guide and bless.

The sun's rays call me and a day's tasks await me. But God is very close, and with His help all shall be done perfectly.



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Gift of Silence

PAULINE HAVARD

Accept the gift of silence. Sit alone
A little while; stay quietly apart
From the world's din; sit on a sunny stone
Or grass and let peace flow back through your heart.

Or if on a crowded city street you live,
Sit quiet in your room an hour; the city's thunder
Will be forgotten as the moments give
To you God's healing gifts of peace and wonder.

This then is the quiet miracle, this
Feeling of sweet renewal, swift release.
Soft as falling leaf or petal's kiss
We feel the lovely inflow of His peace.

Evening Meditation

ELIZABETH SEARLE LAMB

DARKNESS is creeping over the silent hills, and a little new moon is tossing handfuls of twinkling stars across the heavens. Bird whisperings are the only sounds. As stillness settles down upon me I look back upon the day.

Beauty was here today to lift my heart. Love was here today to warm my soul. Joy led me swiftly on my way, and Christ in me pointed out the path when I was suddenly confused.

This was a good day, not perfect, but a day of some achievement, a day in which some inner fears were released, a day in which a new and greater love radiated from God through me and from me to those I met.

Now silently I turn toward God and feel Him very close and dear. I offer this, my day, as my own gift, and ask His care throughout the night for myself and for those I love.

With His Spirit abiding in my heart I drift on clouds of sleep and, drifting, dream sweet dreams of peace.

Wednesday

I HAVE ACCESS TO GOD'S WISDOM AND UNDERSTANDING AT ALL TIMES, AND MY MIND IS CLEAR AND ALERT.

As YOU realize that your mind is a part of Divine Mind and that divine wisdom and inspiration are constantly available to you, you will no longer doubt your ability to accomplish anything you undertake. If you have felt that something was too difficult for you to understand, if you have lacked confidence in your power to master some new idea, it is because you have failed to recognize your oneness with God's wisdom and understanding.

Deny the belief that you are limited in any way in your understanding and keep your mind open to the inflow of divine ideas. Acknowledge that through your oneness with God's mind you have the power to concentrate easily and to think clearly at all times. Become constantly aware of divine instruction clarifying all cloudiness of thought and making what seemed difficult before clear and easy now. Because nothing is perplexing to Divine Mind you will no longer be perplexed, and understanding will come swiftly and easily.

Incline thine ear unto wisdom.—PROV. 2:2.

Thursday

THIS DAY I LET THE COMPASSIONATE LOVE AND UNDERSTANDING OF JESUS CHRIST RADIATE FROM MY HEART.

ONE OF THE most beautiful examples of the compassionate understanding of Jesus is to be found in the words "Neither do I condemn thee." No matter what a person did or said, no matter what his reputation or his mistakes, Jesus always looked through the appearance and kept His loving vision focused upon the person's potential worth. Even when His accusers abused Him before the Crucifixion, Jesus sealed His lips with loving silence and continued to let healing love pour forth from His heart.

Jesus said to each one of us, "Follow me," and so in our dealings with our fellow men we should express this same spirit of love. No matter what another person says or does, no matter what may be said concerning him, we should keep our vision centered upon the Christ within him; for this is the only truth and the only reality.

The love and understanding we express toward another person may be the very healing balm his soul needs.

♣ *Ye did it unto me.*—MATT. 25:4.

Friday

EACH NEW MOMENT COMES TO ME FRESH AND UNSULLIED FROM THE HAND OF GOD.

I DO NOT have to carry the mistake, the hurt, the ugliness of yesterday or even of the past minute into this new, fresh moment that comes to me straight from God. This is the only moment I shall ever have, because yesterday is past and tomorrow remains only a vision until it becomes the present moment. Therefore I yield myself to the full goodness of God in this present moment.

I accept all that God's presence means here and now. I rest in His peace. I feel the freeing, harmonizing, healing action of His love. I let His joy thrill my being.

I emerge a new being in the glorious realization that now is the only moment to be lived. It is free of yesterday's unhappiness. I release from my consciousness all that is not of God.

In this present moment I realize all of heaven. I step forth in the full glory and freedom of life.

♣ *He that looketh into the perfect law, the* law *of liberty, and* so *continueth, being not a hearer that forgetteth but a doer that worketh, this man shall be blessed in his doing.*—JAMES 1:25.

BECAUSE I AM A SPIRITUAL BEING ENDOWED WITH ALL THE CHRIST POTENTIALITIES, THERE IS NO LIMIT TO THE GOOD I CAN EXPERIENCE.

IF YOU could see yourself as God sees you, you would never again feel inferior, incapable, or limited in any way. In God's sight you are wonderful, limitless, divinely adequate in every way. There is no reason for you to believe that you cannot attain the heights of spiritual perfection. God created you for the purpose of expressing His all-powerful, all-potential, all-transcending presence through you. He endowed you with all His abilities and implanted His infinite wisdom and intelligence within you so that you might develop these abilities.

You are a vital part of God's world; you are indispensable to Him.

If you are tempted to say, "I can't," know that through God's Spirit in you nothing is impossible. If you are tempted to become discouraged, know that God is with you, and He cannot fail.

God's limitless perfection and possibilities are within you. You can achieve your goal of good.

♣ *He that overcometh shall inherit these things; and I will be his God, and he shall be my son.*—REV. 21:7.

Sunday

THE PEACE OF GOD FILLS MY MIND AND MY HEART, AND ALL IS WELL WITH ME AND MY WORLD.

MEDITATE on these words in silence. Let your mind dwell on them until you feel God's peace filling your whole being, for it is when you are at peace within your heart that courage is found to face every situation, that your life is made peaceful and glad.

When there is need for courage, when there is need for change, when all things about you seem difficult, become at peace in your mind. Then you will be able to see through present difficulties to the order and perfection of God.

Determine to make this day a day of peace. If as you go about your daily affairs a thought of discouragement or doubt presents itself to you, affirm to yourself again: "The peace of God fills my mind and heart." Whether difficulties seem large or mere trifles, you will then remain serene and poised, and you and your world will be blessed.

The peace of God fills your mind and heart today.

♣ *Live in peace.*—II COR. 13:11.

Monday

I AM FREE FROM EVERY THOUGHT OR FEELING OF CRITICISM OR CONDEMNATION, FOR I SEE EVERY PERSON AS A CHILD OF GOD.

IT IS NOT possible to approve of everyone's personality and behavior. But when we can keep in mind that each person is a child of God and has in embryo the potentialities of a perfect being, we can approve of him spiritually.

Persons who do cruel and malicious things have deep soul problems. They certainly need enlightenment and help; and if we understand that fundamentally these persons have the Spirit of God in them, we can help them by beholding this Spirit in them. By keeping an attitude of understanding in ourselves we help to inspire Christlike attitudes in others.

Prayer helps us to find the Christ in ourselves, and we are lifted up. Prayer helps us to find the Christ in others, and they are lifted up because of our understanding faith. Prayer helps us to release every thought or feeling of criticism or condemnation and to see every person as a child of God.

♣ *And I, if I be lifted up . . . will draw all men unto myself.*—JOHN 12:32.

Tuesday

MY FAITH IN GOD IS CONSTANT AND UNCHANGING, AND I TRUST HIM TO GUIDE ME AND SHOW ME THE WAY.

SOMETIMES it may seem as if true guidance has been delayed, especially if you have prayed a long time about a particular problem.

The delay may occur because after praying devotedly you continue to think fearfully about the problem as you go about your everyday affairs.

If the response to your prayers is not immediate, instead of losing heart and becoming bewildered and frightened continue to keep your appointment with God. An unhurried visit with Him will quiet your fears, strengthen your faith, fortify you with patience, and give you peace of mind. "Thou wilt keep *him* in perfect peace, *whose* mind *is* stayed *on thee*" is the promise.

Before you are fully aware of it the right answer will be clear to you. Beyond a shadow of doubt the divine guidance you have so diligently sought will be revealed.

Thou hast holden my right hand.
Thou wilt guide me with thy counsel.
—PSALMS 73:23, 24.

Wednesday AUGUST 20

THE LIGHT OF SPIRIT IS RELEASED IN ME, AND I UNDERSTAND THE TRUTH.—UNITY CLASS THOUGHT.

THE DECREE of Jesus "Let your light shine" bears with it an implied assurance that we can carry it out. Surely therefore it should not be difficult for us to realize that we have power to make the dark places in our life clear and bright if we will let the spiritual light that is within us shine through our understanding.

If it were possible for us to view all things in the clear and undimmed light of Spirit, we should behold only the true and perfect beauty of God's creation. But because our spiritual sight is dimmed by the dark lenses of ignorance, fear, hatred, or some other negative condition, we see Truth, the true light, only vaguely. When our understanding of God and our true relationship to Him is quickened, we begin to see the perfect beauty of Truth, and all is well.

When we are able to accept the teaching that God indwells in us, we release the light of spiritual understanding and all is bright.

♣ *We all, with unveiled face beholding as in a mirror the glory of the Lord, are transformed.*—II COR. 3:18.

Thursday

I AWAKEN THE SPIRIT OF PROSPERITY, AND WHAT IS MINE IS NOW MADE MANIFEST.
—UNITY CLASS THOUGHT.

IS THE Spirit of prosperity asleep within your consciousness? You have power to awaken it and bring forth in your life the marvelous abundance that is laid up for you in God's storehouse of plenty.

Poverty and lack are never God-given. Rather they are fashioned by our thoughts out of the dark materials of fear and unbelief—fear that God will withhold His love from us, and lack of belief in God's power to provide for our needs.

God's will for you is plenty, not only in Spirit but in actual manifestation. Believe this truth, accept it, claim it! Let your ringing words awaken the Spirit of prosperity as you proclaim: "I am done with want and lack. I know that my Father, God, gives me abundance. In His name and through His Spirit I now claim it." By your faith-filled words you call into activity the great prospering power of the Spirit, and it at once begins to make your prosperity manifest.

♣ *Awake . . . arise . . . and Christ shall shine upon thee.*—EPH. 5:14.

Friday

I NOW RELEASE THE SPIRIT OF HEALTH, AND I AM MADE WHOLE.—UNITY CLASS THOUGHT.

MAN HAS now discovered a process by which the limitless energy of the atom can be released. Knowing that the release of atomic energy is possible helps us to understand that there is almost incredible energy within the cells of our body that can be released when we understand the spiritual process involved.

This energy is the activity of the great and mighty intelligence that brought man and the universe into manifestation. We have power to release it by our thought or by our word spoken in faith, in the conviction that God created us, formed us, and that His Spirit is the life within us.

It is not necessary to have great faith in order to make the Spirit of health become active in us. Even as an infinitesimal particle starts the release of enormous quantities of atomic energy, so a tiny bit of faith sets free the Spirit of health in us. Its marvelous activity heals us and makes us whole and well.

♣ *Arise, shine; for thy light is come . . . Jehovah will arise upon thee.*—ISA. 60:1, 2.

Saturday

I PUT MY WHOLE TRUST IN GOD, AND I KNOW THAT ALL THINGS ARE WORKING TOGETHER FOR GOOD.

SOMETIMES when things are not going well in our life and the world seems in a chaotic state, it is difficult to realize that the power of good is still the greatest power in the world. But back of appearances is the eternal truth that all things work together for good. We can hinder this working of good in our own life by wrong thinking, just as the ideal of peace and brotherhood in the world can be delayed by mass wrong thinking, but God's law of good remains the same.

As soon as we change our thinking and become attuned to God's law and work with it, we become aware that all things are working together for good in our individual life and in the world's affairs.

We need not become discouraged and dismayed and feel that everything is going all wrong. Instead we need to gain control of our thoughts, acknowledge the power of God.

♣ *To them that love God all things work together for good.*—ROM. 8:28.

I SEEK GOD'S WISDOM, AND HE DIVINELY DIRECTS ME IN ALL MY WAYS.

FATHER-GOD, I come to You for my direction. It is Your wisdom by which I would be guided. I come to You for Your counsel and guidance in all things.

I need not go forward in confusion or bewilderment, for Your voice is clear within me and Your directions unmistakable. I have only to ask You and I know that the right way will be presented to me.

I need not fear to make decisions. In trust I look to You, and I know that You will show me the right road for me to follow.

In quietness I seek You for the right answers so that my days may be filled with the joy of fulfillment. I come to You, God, that Your way may become my way; that I may have the beauty of Your companionship, the light of Your wisdom, the assurance of Your right answers. I seek You that my life may be directed by Your divine light.

I thank You, Father-God, for the gift of life and the understanding that enables me to use it wisely.

♣ *For Jehovah giveth wisdom.*—PROV. 2:6.

Monday

I KNOW THAT GOD IS IN CHARGE OF MY LIFE AND AFFAIRS, AND I HAVE FAITH IN THE ULTIMATE OUTCOME OF GOOD.

HAVE you been anxious about the right and happy outworking of some seemingly troublesome situation in your life? Have you felt that your prayers were unavailing, and did all your own efforts to effect the right solution seem in vain? This then is the time to turn your problem over to God and realize that His love and wisdom and power are in charge of your life, working to bring about your ultimate good and happiness.

If appearances seem discouraging, become still and affirm that God is in charge. Relinquish your cares into His keeping, acknowledge His guiding, controlling power at work in your affairs, and let His peace and serenity fill your mind and heart. God is all-good and all-powerful. In the light of divine understanding obstacles that seem insurmountable will disappear, and the way will become clear before you. Put your whole trust in Him. Let His wisdom inspire you, His strength uphold you.

♣ *I will not fail thee, nor forsake thee.*—JOSH. 1:5.

Tuesday

AUGUST 26

I AM SUSTAINED BY THE FAITH, INTELLIGENCE, AND COURAGE OF SPIRIT.

WE ARE helped most by the persons who help us to help ourselves. It is well to remember this when we wish to help some person and ask ourselves how we can be of the greatest help to him.

There are times of course when we need to give material help to another person, but usually the best way to help him is to stand by in love and understanding and faith while he helps himself. Even when we give material help, we should at the same time give him the added blessing of our faith in his innate Christ ability to meet his problems.

Everyone in his heart would choose to be confident and capable. No one really wants to be dependent upon another or obligated to him. If we are to be truly helpful to another person we need to do and say the things that encourage him to have faith in his own God-given powers. We need to see him sustained by Spirit.

The spirit of a man will sustain his infirmity;
But a broken spirit who can bear?
—PROV. 18:14.

Wednesday

THROUGH MY UNDERSTANDING OF GOD'S LOVE AND TRUTH I AM COMFORTED AND SUSTAINED IN EVERY EXPERIENCE.

AN understanding of the truth that life is eternal, the realization that God's loving presence is ever with us, sustains and strengthens us in time of grief or seeming loss. Persons without this understanding are sometimes defeated by grief, wasting months, even years, of their life because of their inability to meet the experience courageously and understandingly. While human grief is an emotional release, it must be controlled and understood in the light of Truth if it is to bring enrichment rather than devastation.

The understanding that there is never an end to life, to the goodness of God, enables us to look past the appearance of loss, to know that each life contributes in a measure to the sum total of good. An understanding of Truth helps us to meet every experience courageously, to rise out of grief or regret, and to carry on our life in a way that enriches and blesses us and those about us.

♠ *And he shall give you another Comforter, that he may be with you for ever,* even *the Spirit of truth.*—JOHN 14:16.

Thursday

I KNOW THAT GOD IS WITH ME WHEREVER I MAY GO, AND I AM UNAFRAID.

I KNOW that God's protecting presence is with me wherever I go, whatever I am called upon to do, and I am no longer afraid. I know that His power is far greater than the power of any so-called evil, so I am assured that I have nothing to fear. As I go about my daily tasks I am aware of His presence guiding my feet away from any danger, directing my hands in performing their duties safely and carefully, making my mind alert in avoiding mistakes that might endanger myself or others.

If some situation arises that seems hazardous and the thought of fear flashes into my mind, I quickly replace it with the thought of God's protecting presence, and I am brought through the experience unharmed. I do not allow my mind to dwell fearfully upon some disaster that could happen to me or my dear ones, but I acknowledge that He is constantly watching over us, guiding and protecting us. I meet every experience in my life serene and unafraid.

♣ *I will fear no evil; for thou art with me.*—PSALMS 23:4.

Friday

I AM ETERNALLY WORTHY IN THE SIGHT OF GOD, FOR I NEVER CEASE TO BE HIS PERFECT CHILD.

SOMETIMES when we fall below the standards that we have set for ourselves we succumb to a feeling of unworthiness. Instead of immediately lifting our thoughts to God and realizing our eternal oneness with Him, we are apt to feel that we must allow some time to elapse before we can become worthy again of entering into His loving presence.

As far as God is concerned, we are always worthy, for God sees us with pure eyes of love that cannot behold iniquity. Therefore if we desire to experience a feeling of worthiness, we must see ourselves as God sees us, as children of the Most High, endowed with the Christ Spirit.

What we did, said, or thought yesterday or even a moment ago cannot in any way mar the divine perfection of this new moment that is present with us. The very moment we turn to God, acknowledging Him as the only activity within our being, in that moment we are healed, cleansed, and forgiven within and without.

♦ *To-day is salvation come to this house.*—LUKE 19:9.

Saturday

I AM HAPPY AND AT PEACE, BECAUSE I HAVE FAITH IN THE POWER OF SUCCESS AND ACCOMPLISHMENT WITH WHICH GOD HAS ENDOWED ME.

WE NEED to be happy and at peace day by day in whatever place we are. We also need to have faith in the power within us that takes us ever forward to greater accomplishment and soul satisfaction.

In order to be happy and at peace where we are from day to day we need to know that we are where we are because there are things for us to learn. But when we feel urged from within to reach for something more creative than what we are doing at the present time, we may be sure that we have the capacity for greater accomplishment. As we seek to know more about ourselves and our powers and to express ourselves in more expansive ways, we progress and grow into the ways of expression that are satisfying to us.

It is through prayer that we learn what our true desires and abilities are, and it is through prayer that we are endowed with the power to accomplish the desires of our heart.

♣ *I will make the place of my feet glorious.*—ISA. 60:13.

I HAVE PERFECT FAITH IN THE HARMONIOUS DEVELOPMENT OF ALL MY AFFAIRS, FOR I KNOW THAT GOD IS IN COMPLETE CHARGE OF MY LIFE.

IS THERE anything at all that troubles you, dear friend? Do you ever become discouraged and fearful concerning some seeming inharmony in your life? If so, do not despair, but rejoice, for the harmonizing power of God in the midst of you is mightily at work in all the affairs of your life now. Although you may not be able to see any way out or any possible solution, remember that with God all things are possible. The power that worked in and through Jesus to change sickness into health, death into life, is the very same power that moves and breathes in you, now and forever. Though every door to harmony and success may seem closed, remind yourself that the power of the resurrected Christ is within you and works through you, and rejoice.

Jesus said, "Your Father knoweth what things ye have need of, before ye ask," so the future is nothing to fear or dread. Every day our loving Father supplies us with everything we need.

• *Behold, God is my salvation.*—ISA. 12:2.

Temple Prayers and Offerings

A MESSAGE FROM CHARLES FILLMORE

That there is a certain relation between the spiritual revival of both the personal and national mind has long been observed. When man is spiritually quickened his first thought is of gratitude to God for the wonderful privilege of living. This is followed by a desire to give to his Maker something in return for His blessings.

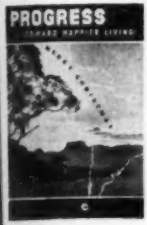
Thus we find that religious institutions are sustained in every age and every clime. Unity is no exception to this rule in human conduct. Those who are awakened to the unlimited capacity of man when he is shown how to make contact with his supermind are eager to give to the various groups organized to teach Unity principles.

I am calling the attention of such to the Unity Temple in the Plaza district in Kansas City, the new home of the first Unity organization in the world. That temple will cost over half a million dollars. The builders announce that it will be ready for occupancy this year.

Contributions are being received from people everywhere; thus our thanking and praising are bearing fruit—as they always do. "Release, and ye shall be released: give, and it shall be given unto you; good measure, pressed down, shaken together, running over, shall they give unto your bosom."

We are asking both your prayers and offerings for this Unity Temple because it is located in the Jerusalem of the Unity movement and is sponsored by the very first Unity society. You will always find a welcome at the Unity Temple in the Plaza district, Kansas City, Mo.

A UNITY MAGAZINE WITH PICTURES



Truth in Straight-from-the Shoulder Articles and Columns by Outstanding Unity Writers

When You Turn the Pages of PROGRESS you find: True-experience stories about people who use Truth to solve problems such as you or your loved ones meet, "Between the Lines," a Truth-for-today column by James Sweaney, "Unfinished Business," a column by Ernest C. Wilson, "God Is Blessing You Now," a meditative blessing from Silent Unity, "Letters from Readers," and many other features beloved by PROGRESS readers.

Order PROGRESS to supplement your DAILY WORD reading and to have in your home as a Truth magazine certain to be of interest to other members of your family. PROGRESS also makes a delightful Unity gift to friends and relatives.

PROGRESS is $1 a year (12 issues)

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Prepare for God's Abundance

Many Truth students who desire more prosperity in their affairs specify that it come in certain ways only. For example, they demand an increase in salary, because they see this as the only reasonable way for greater abundance to come to them. Knowing that all good comes from the Father and that there are many channels for His good to flow in, we should simply prepare our consciousness for abundance and leave to God the way in which it is to come. Then in whatever form it arrives, we should receive it with thanksgiving and love.

Thousands of Unity students have found that the Unity Prosperity Bank drill helps them prepare for abundance. The Bank drill is a plan that includes prayer and the practice of the presence of God and His goodness. Send for a Bank and have the benefit of the prayer drill that has helped thousands of Unity students through the years.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Wor* for each of the persons here named. I will save $3 for the subscriptions, which sh to begin at once. I ask the prayers of Silent Unity for my success.

1. Name _____
   Street _____
   City _____ State _____
2. Name _____
   Street _____
   City _____ State _____
3. Name _____
   Street _____
   City _____ State _____

SENDER'S NAME _____
Street _____
City _____ State _____

Please indicate postal zone number, if cities are so divided.

D-4-6

ACCEPT YOUR *Heart's Desire* DURING LESSONS IN TRUTH WEEK

SEPTEMBER 8-14

How to accept, how to get the consciousness for, your heart's desire is just part of the instruction you can find in *Lessons in Truth*, the Unity book that Unity students everywhere will read or reread during Lessons in Truth Week.

What Is Lessons in Truth Week?

It is a week set aside annually for Unity students to unite in a world-wide class for the purpose of reviewing *Lessons in Truth*, Unity's fundamental textbook for more than fifty years. Students long ago discovered that this great book had a "just-right" word of instruction or inspiration no matter how many times it was consulted. Out of this universal experience came Lessons in Truth Week as an annual spiritual event. For Unity students look forward with ever-increasing eagerness during this week to receiving greater understanding of God and thus achieving freedom from their problems and fulfillment of their desires.

Thousands will be reading *Lessons in Truth* September 8-14. They will be calling forth the goodness of God in response to the desires of their heart. You are invited to share in this consecrated week's instruction and blessing.

All you need do is to have ready for study the book *Lessons in Truth* and the free *Lessons in Truth Study Guide*. Order *Lessons in Truth* (study guide is included) at your local Unity center or by writing to Unity School. If you already have *Lessons in Truth* just ask for the study guide.

LESSONS IN TRUTH is priced at $1

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Corn

JAMES DILLET FREEMAN

Corn grows so fast you can hear it grow.
But the sound of growing things is no
Sound for a careless heart to catch;
You need sharp ears and a heart to match,
A heart in tune with life, in love
With the world and all the wonder of
God's things! Then on a summer night
When everything inside is right
And everything outside is still
And your will is one with the one great will,
You lie and listen and you hear,
As much with the mind's as the body's ear,
Shoot and blade and stalk unfold,
Tassel and silk and ear of gold,
And you feel the urge, the urgency
Of life, the welling will to be!
Then in the quietness you know
How passionately God's things grow;
You feel your spirit growing tall,
Reaching to be one with all
Reality! Heart's span by span
Grows up the spiritual man!

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